



**Aberdeen**  
Asset management



**COWES  
WEEK**

# WHITE GROUP SAILING INSTRUCTIONS

8-15 AUGUST 2015

TITLE SPONSOR



SUPPORTING SPONSORS



PRODUCT PARTNERS



OFFICIAL CHARITY



CONTACT

Cowes Week Ltd • 18 Bath Road • Cowes • PO31 7QN  
email : entries@aamcowesweek.co.uk

Aberdeen Asset Management Cowes Week Notice of Regatta  
Design : NGR Photography : Rick Tomlinson and Getty Images

TABLE 1 : COMMUNICATIONS

All White Group competitors	VHF Channel 03 is used by the Race Committee: a. To broadcast time checks at approximately 0900, 0930 and 1000 together with the number of the latest Sailing Instruction amendment issued and other information to all White Group boats. b. To broadcast general announcements to all the White Group after the starting sequence, about things such as shortening of courses, time limit extensions etc.
White Group RYS line starts	VHF Channel 03 is also used by the Race Committee on the RYS start line to broadcast starting signals and course announcements to the White Group classes starting on this line.
White Group Shrape line starts	VHF Channel 04 is used by the Race Committee on the Shrape start line to broadcast starting signals and course announcements to the White Group classes starting on this line.
White Group Committee Boat start line	VHF Channel 05 is used by the Race Committee on the White Group Committee Boat Start line (callsign 'White Group Committee Boat') to broadcast starting signals and course announcements to the White Group classes starting on this line.
Competitors communicating with the Race Committee	a. VHF channels 03, 04 and 05 are international duplex channels being used in simplex mode. The Race Committee will not be able to hear transmissions made by competitors on these channels. b. VHF Channel 77 should be used by competitors to communicate with the Race Committee. c. Notification of retirement must be made in the daily declaration (see Appendix WD3) and may also be made on VHF Channel 77 or by calling the Safety Officer on 01983 244848.
Emergencies	In an emergency, competitors should, as normal, use VHF channel 16 to communicate with the emergency services via the Coastguard.
Cowes Radio	Cowes Radio broadcasts general information and entertainment on 87.7FM. These broadcasts are not official transmissions and errors or omissions may not be used to claim redress.
Useful Regatta telephone numbers	Regatta Centre : 01983 295744, Protest Office : 01983 248004, Safety Officer : 01983 244848

## ABBREVIATIONS AND DEFINITIONS

- **CWL** = Cowes Week Limited.
- **Regatta** = Aberdeen Asset Management Cowes Week 2015
- **Regatta Centre** = Regatta House, 18 Bath Road, Cowes, Isle of Wight, PO31 7QN.
- **RRS** = the 2013 to 2016 International Sailing Federation (ISAF) Racing Rules of Sailing. Note that these Sailing Instructions contain many references to the RRS and competitors are advised to have a copy to hand.
- **RYS** = Royal Yacht Squadron.
- **Official Website** = [www.aamcowesweek.co.uk](http://www.aamcowesweek.co.uk).
- **Racing Guide** = the official racing guide produced by CWL
- **EventTV** = the Regatta TV station broadcast on big screens around Cowes and online.
- All references in these Sailing Instructions to a paragraph or page number refer to this Sailing Instructions booklet unless specified otherwise.
- Black Group consists of the following classes: Artemis Challenge, Big Boat class, Contessa 32, IRC 0-7, Cruiser (Div A and B), J/109, Quarter Ton, Sigma 33, Sigma 38 and Sunsail Match First 40.
- White Group consists of the following classes: Daring, Dragon, Etchells, Flying Fifteen, J/70, J/80, Seaview Mermaid, Redwing, RS Elite, SB20, Sonar, Sportsboat, Squib, Solent Sunbeam, Swallow, Victory and XOD.

## EMERGENCY PROCEDURES

In the event of an incident that involves personal injury or severe illness, or where the boat is in danger and needs assistance, crews should contact Solent Coastguard on VHF Channel 16 (or by telephone via 999). The Coastguard will then initiate the appropriate action.

**Emergency Landing:** Vessels should land casualties at Trinity Landing off the Parade, unless otherwise directed. This location provides the shortest route to the casualty unit at St Mary's Hospital, Newport, and normally allows easy access for vehicles. Do not land casualties at the Island Sailing Club pontoon. On Friday 14 August, from about 1800 onwards, the Parade gets too busy for ambulance access, so casualties should be landed on the Red Funnel pontoon at Town Quay instead.

**First Aid Facilities** are located at the Regatta Centre, Cowes Yacht Haven, and Cowes Medical Centre on Newport Road. On the Isle of Wight, in addition to the normal national 999 telephone number, there is a free number for urgent but non-emergency calls to the NHS, this being 111. This number gets you through to the same call-centre as does a 999 call, but initiates a more detailed Q&A to determine the level and type of support that is required. You may be advised to call NHS Direct, the current mainland non-emergency advice service on 0845 46 47.

ID	NAME	SYMBOL	COLOUR	LATITUDE (N)	LONGITUDE (W)
ZONE 2 - WESTERN SOLENT					
26	Hamstead Ledge	\$	G	50 43.87	01 26.18
2K	Quod Possumus!	⊗	Y	50 44.83	01 26.09
2R	Durns	▼	Y	50 45.43	01 25.89
ZONE 3 - MID-SOLENT (W)					
30	RORC	☪	Y	50 47.12	01 17.72
31	South Bramble	O	G	50 46.98	01 17.72
32	Snowden	S	Y	50 46.20	01 17.75
33	Prince Consort	P	BY	50 46.42	01 17.56
3A	West Lepe	A	R	50 45.24	01 24.09
3B	eDigitalResearch	E	Y	50 44.18	01 23.79
3C	craftinsure.com	B	Y	50 45.64	01 23.12
3D	Salt Mead	C	G	50 44.51	01 23.04
3E	Cowes Radio	D	Y	50 46.13	01 22.19
3F	elephant boatyard.co.uk	E	Y	50 44.63	01 21.88
3G	Sevenstar Yacht Transport	F	Y	50 46.58	01 21.46
3H	East Lepe	G	R	50 45.93	01 21.07
3J	Baxters	C	O	50 45.23	01 20.69
3K	Lepe Spit	A	YB	50 46.78	01 20.64
3L	Gurnard Ledge	H	G	50 45.51	01 20.59
3N	Quinnell	J	Y	50 47.07	01 19.88
3P	Bainbridge International	K	Y	50 45.68	01 19.98
3Q	EFG	⬇	Y	50 45.97	01 19.45
3R	North East Gurnard	U	R	50 47.06	01 19.42
3S	Royal Thames	L	Y	50 47.81	01 19.25
3T	KMS	K	Y	50 46.10	01 18.87
3U	Gurnard	M	BY	50 46.22	01 18.84
3V	West Bramble	F	YBY	50 47.20	01 18.65
3W	Williams Shipping	N	Y	50 47.20	01 18.55
3X	Island Sailing Club 125	V	Y	50 46.10	01 18.43
3Y	West Knoll	Q	Y	50 47.43	01 17.84
3Z	Trinity House Buoy	↓	Y	50 46.31	01 17.75

ID	NAME	SYMBOL	COLOUR	LATITUDE (N)	LONGITUDE (W)
ZONE 4 - MID-SOLENT (E)					
40	Fastnet Insurance	5	Y	50 47.66	01 13.65
41	East Bramble	8	BYB	50 47.23	01 13.64
42	Peel Bank	9	R	50 45.49	01 13.35
43	Chilgrove Gin	▲	Y	50 46.16	01 13.09
44	Champagne Pol Roger	£	Y	50 47.31	01 12.10
45	South East Ryde Middle	↘	YB	50 45.93	01 12.09
46	North East Ryde Middle	↗	R	50 46.21	01 11.88
4B	Coronation	♂	Y	50 49.55	01 17.62
4C	Stormforce Coaching	Z	Y	50 49.21	01 17.46
4E	RYS	♀	Y	50 47.67	01 17.00
4F	Wight Vodka	V	Y	50 47.20	01 17.00
4G	Cutter	B	Y	50 49.45	01 16.91
4H	East Knoll	R	G	50 47.96	01 16.83
4J	hamblewinter series.com	T	Y	50 48.63	01 16.65
4K	Royal London YC	⊕	Y	50 46.15	01 16.65
4L	William	⚓	Y	50 49.03	01 16.49
4M	Hill Head	W	R	50 48.07	01 16.00
4N	Flying Fish	2	Y	50 47.27	01 15.90
4P	West Ryde Middle	1	YBY	50 46.48	01 15.79
4Q	Wilson Covers	Y	Y	50 48.46	01 15.72
4R	Darling Buoy	↑	Y	50 49.18	01 15.71
4S	Royal Southern	♛	Y	50 48.88	01 15.57
4T	Norris	X	R	50 45.97	01 15.51
4U	Sunsail	∅	Y	50 46.43	01 15.09
4V	Hamble Yacht Services	4	Y	50 48.13	01 14.64
4W	Artemis The Profit Hunter	♂	Y	50 47.33	01 14.59
4X	Rolly Tasker Sails	3	Y	50 45.53	01 14.39
4Y	North Ryde Middle	7	R	50 46.61	01 14.31
4Z	South Ryde Middle	6	G	50 46.13	01 14.16

ID	NAME	SYMBOL	COLOUR	LATITUDE (N)	LONGITUDE (W)
ZONE 5 - EASTERN SOLENT					
5A	Mackley Van Oord	⌚	Y	50 45.03	01 11.89
5B	Motherbank	÷	R	50 45.49	01 11.21
5C	Browndown	♥	G	50 46.57	01 10.95
5D	Kemps Quay	=	Y	50 45.18	01 09.65
5E	Darling Associates Architects	♣	Y	50 46.26	01 08.76
ZONE 8 - AAMCW SPECIFIC MARKS					
80	RYS Finish Line	★	n/a	off RYS Castle	
81	RYS Flagstaff	n/a	W	50 46.004	01 18.055
82	Aberdeen Alpha	α	Y	50 46.29	01 18.13
83	Shrape Finish Line	&	n/a	n/a	
84	Shrape Line Committee Boat	n/a	n/a	50 46.11	01 16.90
85	Aberdeen Gamma	γ	Y	50 46.31	01 16.90
86	Bramble Finish Line	+	n/a	Line approx halfway between marks 3W and 30	
87	Bramble Finish Line Committee Boat	n/a	n/a		
88	Bramble Finish Line Outer Distance Mark	n/a	O	Approx 200m south of 87	
8B	WG laid windward mark	▲	BY	as announced daily	
8C	WG laid leeward mark	▼		as announced daily	
8J	Gate: South Bramble (31) to Prince Consort (33)	Λ		See SIs	
8K	Gate: Gurnard (3U) to JOG start/finish hut on shore	@		See SIs	
8L	Gate: Trinity House (3Z) to Volvo XC90 (8M)	U		See SIs, including start and finish lines diagram	
8M	Volvo XC90	car shape		Approximately 350m SE from Trinity House buoy (3Z)	
8N	Aberdeen laid mark 'a'	a	B	50 47.70	01 15.25
8S	Aberdeen laid mark 'b'	b	B	50 45.72	01 14.95
8W	Aberdeen laid mark 'c'	c	B	50 46.40	01 13.58
8X	Aberdeen laid mark 'd'	d	B	50 47.47	01 12.90
8Y	Aberdeen laid mark 'e'	e	B	50 47.00	01 11.30

SYMBOLS AND ID REFERENCE TABLE					
SYMBOL	ID	SYMBOL	ID	SYMBOL	ID
∅	4U	R	4H	∇	3X
1	4P	S	32	◄	2R
2	4N	T	4J	◀	43
3	4X	U	8L	▲	8B
4	4V	V	4F	▼	8C
5	40	W	4M	◄	3Q
6	4Z	X	4T	♀	4B
7	4Y	Y	4Q	♀	4E
8	41	Z	4C	♂	4W
9	42	a	8N	\$	26
A	3A	b	8S	£	44
B	3C	c	8W	÷	5B
C	3D	d	8X	=	5D
D	3E	e	8Y	+	86
E	3F	B	4G	α	82
F	3G	C	3J	γ	85
G	3H	E	3B	⊗	2K
H	3L	F	3V	♁	30
J	3N	K	3T	⊕	4K
K	3P	L	5A	⚓	4L
L	3S	N	3R	♑	4S
M	3U	Λ	8J	♥	5C
N	3W	λ	3K	♣	5E
O	31	↑	4R	@	8K
P	33	↓	3Z	★	80
Q	3Y	↘	45		

## W1 RULES & SAFETY REGULATIONS

- W1.1 The Regatta will be governed by the Racing Rules of Sailing (RRS).
- W1.2 The Prescriptions of the Royal Yachting Association (RYA) will apply as set out on page 8.
- W1.3 Appendices within this Sailing Instructions booklet rank as Sailing Instructions.
- W1.4 Safety equipment regulations will apply as described in the Notice of Regatta (NoR) and detailed in the Safety Booklet.
- W1.5 Changes to Class Rules will apply as set out in the NoR.
- W1.6 Notices to competitors will be displayed on the Official Notice Board (ONB) at the Regatta Centre.
- W1.7 **Use of engine or other means of propulsion - as permitted by RRS 42.3(h)-(i)**
- In order to avoid the risk of collision with commercial shipping that is under way, a boat may use her engine, or any other means of propulsion, without retiring.
  - Such use shall be reported to the Protest Committee at the Regatta Centre, who shall decide what, if any, penalty to award.
  - Boats should have an alternative means of propulsion ready for immediate use if there is any possibility of a close quarters situation developing between them and a commercial vessel.
- W1.8 **Changes to Sailing Instructions (SIs)**
- Amendments will be posted on the Official Website and on the ONB, no later than 0830 each day except that any change to the schedule of racing will be posted by 2000 on the day before it will take effect. Changes affecting White Group will also be displayed on the notice board at the Island Sailing Club on the pathway leading to the pontoon.
  - The latest amendment number will be indicated by a signal displayed at the flagstaff at the Royal London Yacht Club on Cowes Parade and repeated at the Island Sailing Club. The signal will consist of code flag 'L' over a numeral pennant indicating the latest numbered amendment issued.

## W2 COMMUNICATIONS BY VHF AND TEXT MESSAGE

- W2.1 For radio channels see Table 1 on page 1.
- W2.2 For use of text messaging (SMS) See Appendix WA on page 6.

## W3 COURSES

- The racing area for White Group classes is the Central Solent, from Hamstead Ledge in the west to Gilkicker Point in the east.
- Courses will use marks from the list on pages 2-3. Course announcements and text messages will use the two-character IDs shown in the table.
- Aberdeen Alpha (82), Aberdeen Gamma (85) and Trinity House buoy (3Z) shall be passing marks. All other marks, except those listed as gates (see RRS 28.2(c)), shall be rounding marks (see RRS 28.2(b)).
- The course for the next 2 classes to start will be announced on VHF radio between each Warning Signal and Start. Courses will also be sent by text. See Table 1 on page 1 for details of the radio channels to be used and Appendix WA on page 6 for how to register mobile telephones.
- For boats starting on the RYS line, the course to be sailed will also be shown visually at the eastern end of the RYS battlements shortly after the Warning Signal, by displaying to seaward the symbols for the marks to be used in order, reading from left to right along each row in turn. This changes RRS 27.1. Orange symbols indicate the mark is to be left to port. Yellow/green symbols indicate the mark is to be left to starboard. Standard finish lines and gates will be indicated by white symbols on a dark background.

## W4 NAVIGATION RESTRICTIONS AND LOCAL BYELAWS

See Appendix WB on page 6.

## W5 GENERAL POSTPONEMENT

This adds to RRS 27.3 and Race Signals.

- The display of flags AP over AP accompanied by 2 sound signals means that the next Warning Signal will be not less than 50 minutes after the signal is removed (with one sound signal) and replaced by a single AP flag.
- When displayed at the RYS, the signal AP over AP shall apply only to boats scheduled to start at the RYS start line. When displayed by a Committee Boat, signal AP over AP shall apply only to boats scheduled to start at the start line controlled by that Committee Boat.

## W6 THE START - GENERAL

### W6.1 Starting Schedules and allocation of start lines

See Table 3 on page 9.

### W6.2 Starting Times and Signals

- Races will be started using RRS 26, with the Warning Signal made 10 minutes before the starting signal unless SI 6.2(b) applies.
- If code flags M over 3rd Substitute are displayed at a start line, accompanied by four sound signals, all subsequent starts on that line will start in the same order as scheduled but with the Warning Signal 5 minutes before the Starting Signal.

### W6.3 Allocation of start line:

- There are 3 possible start lines for White Group: RYS line, Shrape line (fixed lines) and the White Group Committee Boat line.
- For those boats scheduled to start on a fixed line, the choice between the RYS line or Shrape line will be made each day and will be announced on VHF radio with the time signals and also with the course for each class. The information will also be sent by text message to all relevant boats.

### W6.4 Allocation of start line for boats in the XOD class

- Except on the final Saturday when the class will start on a fixed line, XODs may start on either a fixed line (RYS or Shrape) or on the White Group Committee Boat line.
- The decision on whether a fixed line or the committee boat line is to be used for the next day will be made by 1800 and will be texted to all XOD entrants as soon as possible thereafter and will also be posted on EventTV and on the Official Website.

### W6.5 SB20 and J/70 classes

These classes have two races a day scheduled for Saturday 8, Sunday 9 and Monday 10 August. On these days, the first race will start on a fixed line (RYS or Shrape) and the second will start, as soon as possible after the end of the first race, on the White Group Committee Boat line.

### W6.6 Keeping clear at the start

Boats whose warning signal has not been made shall keep clear of boats whose preparatory signal has been made and, so far as possible, of all start lines.

### W6.7 Start line penalties

- The Race Committee may maintain a video record of the start sequence. This is for the sole and exclusive use of the Race Committee so that they can verify, in a timely manner, the boats that are to be scored OCS, penalised as the result of a Z-flag penalty or disqualified as the result of a black-flag penalty.
- If flag X-ray has been displayed at the start, it will be displayed for four minutes. This changes RRS 29.1.
- Boats that have been scored OCS or penalised may request the video evidence from the Race Committee to be reviewed by submitting a competitor query form at the Regatta Centre Information Office. They will not normally be allowed to view the video themselves but the video will be reviewed by members of the Protest Committee who will confirm the OCS or penalty.

**W7 START LINE DEFINITIONS**

See Appendix WC on page 6.

**W8 SHORTENING**

W8.1 Courses may be shortened at any rounding mark in accordance with RRS 32.2(a) and at a gate in accordance with RRS 32.2(c), when the committee boat may hold position using her engines.

W8.2 If not all classes rounding the mark are being shortened at the mark, class flags will be displayed to show which classes are being finished.

**W9 ABANDONMENT**

If code flags 'N over A' are displayed on the appropriate start line (with 3 sound signals), then all races not already started on that line are abandoned. This changes RRS Race Signals.

**W10 TIME LIMIT**

This changes RRS35, A4 and A5.

W10.1 Except as indicated in W10.2, the time limit will be:

- a. 1800 for all races from Saturday 8 to Friday 14 August.
- b. 1630 for all races on Saturday 15 August.
- c. If the first boat in a class which appears to have sailed the course as required by RRS 28.1, finishes during the hour prior to the time limit then the time limit for that class will be extended by one hour and announcements will be made on VHF channel 3.
- d. If no boat in a class finishes within the time limit, the race for that class will be abandoned.

W10.2 The time limit for the first race of the J/70 and SB20 classes on each of Saturday 8 to Monday 10 August will be 2 hours. Additionally, boats not finishing within 30 minutes after the first boat in the class finishes will be scored DNF. At the end of that time, international code flag 'K' over the class flag will be displayed by the Committee Boat (and may be accompanied by 5 sound signals).

**W11 THE FINISH**

**W11.1 Choice of finish line**

The finish line to be used will be indicated by the last 2 character identifier of the course (or last symbol in the case of the RYS visual course display – see W3(e)). The scheduled finish will normally be at one of the three standard finish lines (W11.2) but may be at another mark (W11.3).

**W11.2 Standard finish lines**

There are three standard finishing lines:

- a. The RYS finish line, between the RYS flagstaff and Aberdeen Alpha buoy (82). There may be a large blue inflatable Aberdeen

buoy close inshore in which case boats shall pass to the north of this buoy when finishing

- b. The Shrape finish line, between Aberdeen Gamma buoy (85), and a staff displaying a large orange flag on a committee boat moored south of this mark. There may be an inflatable inner limit mark close by the committee boat, in which case boats shall pass to the north of this buoy when finishing.
- c. The Bramble finish line, between a staff displaying an orange flag on a committee boat (anchored within the triangle formed by marks Williams Shipping (3W), RORC (30) and West Knoll (3Y)) and an orange inflatable mark moored approximately 200m southwards.

**W11.3 Finishing at other marks**

If the scheduled finish is to be anywhere except at one of the three standard lines described above then the line shall be between the mark indicated as the last mark of the course and a staff displaying an orange flag on a nearby committee boat.

**W11.4 Keeping clear after finishing**

After finishing, boats shall, so far as possible, keep clear of all boats that are racing and of all finish lines.

**W12 CLASS & BOAT IDENTIFICATION**

Boats shall carry all forms of identification (sail numbers, class flags, sponsor pennant/decal etc) as described in the NoR. An infringement of this rule may not be protested by another boat but may result in the imposition, without a hearing, by the Race Committee of a time penalty of 1%. This changes RRS 60 and 63.

**W13 RETIREMENT**

A boat that retires from a race should inform the Race Committee as soon as possible (see Table 1).

**W14 DECLARATIONS**

Declarations must be submitted as soon as possible after each race. See Appendix WD.

**W15 PENALTIES AND PROTESTS**

See Appendix WD on page 7.

**W16 SCORING, PRIZES & DISCARDS**

- a. See the NoR for details about scoring, prizes and trophies.
- b. See Table xx for discards.

**W17 RISK STATEMENT & INSURANCE**

Attention is drawn to the Risk Statement and insurance requirements contained in the NoR.

TABLE 4 : WHITE GROUP DISCARDS	Races to count for series			Number of races not completed				
				0	1	2	3	4+
Class	From	To	Total	Number of discards				
Daring, Etchells, Flying Fifteen, Redwing, Sportsboat, Squib, Swallow	Sat	Sat	8	2	1	1	0	0
Dragon, Mermaid, Sonar	Sat	Sat	8	1	1	0	0	0
XOD	Sat	Sat	8	1	1	1	1	0
J/80, RS Elite, Sunbeam, Victory	Sat	Fri	7	1	1	0	0	0
SB20 Grand Slam and J/70 short series: 2 races a day for the first 3 days and one race on the fourth day.	Sat	Tue	7 races	2	1	1	0	0
SB20 and J/70 all week: Points for racing on first 3 days will be averaged to give one score for each of these days, regardless of how many races are completed.	Sat	Sat	8 scores	2	1	1	0	0

## APPENDIX WA : TEXT MESSAGING

### WA1 TEXT MESSAGING

- a. Competitors may receive courses and other information by text message from the Race Committee and may submit compulsory Declarations (see WD3) by text using a single onboard mobile telephone using a UK service provider. Mobile telephone numbers for these uses must be notified in writing to CWL by 1800 on Thursday 6 August.
- b. Replacement mobile telephone numbers may be accepted free of charge after the above time at the sole discretion of CWL. Replacement telephones must be notified by 1800 on one day for it to be registered for use by the next day.
- c. Additional mobile telephone numbers may be registered for the reception of courses for an administration charge of £10 per phone. These additional phones cannot be used for submitting declarations.
- d. If there is a postponement after a course has been promulgated by text message, a second text message will be sent with the correct course, as this may have been changed. If there has been a postponement and this second text is not received, the visual display or radio announcement of the course must be re-checked in case the course has been changed.
- e. Delays or failure of the text messaging service shall not be grounds for redress.

## APPENDIX WB : NAVIGATION RESTRICTIONS

### WB1 COWES OUTER BREAKWATER

- a. Boats shall not enter the exclusion zone protecting the construction area for the outer harbour breakwater. See diagram on the back cover of these Sailing Instructions.
- b. In whichever direction they are racing, boats shall pass to the north of the red No 2 fairway buoy and of all buoys marking the exclusion zone.
- c. The exclusion zone shall rank as an obstruction for the purposes of RRS 19 and 20.

### WB2 GOSPORT BOROUGH COUNCIL BYELAWS

While racing, boats shall observe the Gosport Borough Council byelaws relating to the bathing areas off Stokes Bay, an extract of which is reproduced in the Safety Booklet.

### WB3 ANCHORING

While racing, boats shall not anchor or kedge:

- a. Within the area defined by the two lines denoting power and gas cables between Stone Point and Gurnard Bay, shown on the laminated chartlet.
- b. Within the area of Cowes Fairway bounded by No.1 Harbour Buoy and Aberdeen Alpha (82) to the west and No.2 Harbour Buoy and Trinity House buoy (32) to the east (shown on the diagrams on the back cover).

### WB4 COMMERCIAL SHIPPING

- a. Boats shall observe the Associated British Ports Southampton (ABP) Harbour Byelaws 2003 (see Safety Booklet) at all times and must avoid any close quarters situation with large commercial shipping. Particular note should be made of Byelaws 10 & 11 and ABP Notice to Mariners No. 03 of 2014 giving details of a moving prohibited zone, which ranks as an obstruction for the purposes of RRS 19 and 20.
- b. Boats shall observe the Cowes Harbour Commission (CHC) General Directions and Notices to Mariners and their attention is particularly drawn to local Notices to Mariners (shown in the Safety Booklet).

- c. Protests for infringements of WB4(a) and (b) may be brought only by the Race Committee who may initiate a protest as the result of a report from the vessel affected or one made by either ABP or CHC staff. Additionally, ABP and/or CHC may initiate court proceedings against boats that infringe their byelaws and/or Notices to Mariners. This changes RRS 60.

## APPENDIX WC : START LINE DEFINITIONS

### WC1 RYS START LINE

#### WC1.1 Start line definition (XODs see WC4.1)

- a. The RYS Start Line is an extension of the line formed by bringing the RYS main flagstaff into line with the white line on the orange diamond on the roof of the RYS, with limit marks which are starting marks.
- b. The inner limit mark will be a blue inflatable pillar buoy and the outer limit mark will be Aberdeen Alpha (large yellow inflatable buoy, 2-character code 82).

#### WC1.2 Vertical light beams

- a. Vertical light beams are installed at the RYS to help identify the start line transit.
- b. The intensity of the light beam increases as the transit is approached, and at the approximate point of the transit, the flagstaff obscures the lower rear light.
- c. Once the flagstaff obscures the lower rear light, the boat will be over the line and may be scored OCS.
- d. These lights are a navigational aid only and do not constitute the start line, nor will a start be postponed because of any failure of the equipment.

#### WC1.3 Direction of Start

- a. A signal displayed on a flagstaff at the north-east corner of the RYS Haven prior to the first warning signal of the day will indicate the start direction, with a green flag for a start to the west and a red flag for a start to the east.
- b. After a postponement, this signal may be changed to reverse the direction of subsequent starts.

### WC2 SHRAPE START LINE

#### WC2.1 Start Line definition (XODs see WC4.2)

- a. The line will be between a staff displaying an orange flag on a committee boat positioned just north of the Shrape Beacon off Old Castle Point, and the course side of Aberdeen Gamma buoy.
- b. A signal displayed prior to the first warning signal of the day will indicate the start direction, with a green flag for a start to the west and a red flag for a start to the east. After a postponement, this signal may be changed to reverse the direction of subsequent starts.

#### WC2.2 Inner distance mark (IDM)

- a. An orange inflatable mark may be laid as an IDM near the start line committee boat.
- b. Any IDM that is laid shall rank as a starting mark.
- c. After the one-minute signal for each race and before starting and clearing the line, boats shall not cross the line between an IDM and the staff displaying an orange flag on the nearby committee boat. Boats infringing this rule will be scored DNS unless they exonerate themselves by rounding the nearby committee boat before starting.

### WC3 WHITE GROUP COMMITTEE BOAT START LINE

#### WC3.1 Location of White Group Committee Boat Start Line

- a. The location of the White Group Committee Boat Start Line



will be announced on VHF channel 05 approximately every 15 minutes from 0900 each day until the first Warning Signal on the Committee Boat Start Line.

- b. The 2-character identifier of a racing mark close to the start line will be displayed on the Official Notice Board at the Regatta Centre and on the notice board at the Island Sailing Club on the pathway leading to the pontoon.
- c. If a change to the location of the start is required then this will be announced at frequent intervals on VHF

#### WC3.2 Start Line definition (for all classes including XODs)

- a. The line will normally be between staffs, each displaying an orange flag, on committee boats at each end of the line.
- b. Either committee boat may be replaced by a large orange inflatable buoy. If so, this will be announced on VHF channel 05.

#### WC3.3 Inner distance mark (IDM)

- a. An orange inflatable mark may be laid as an IDM near either start line committee boat.
- b. Any IDM that is laid shall rank as a starting mark.
- c. After the one-minute signal for each race and before starting and clearing the line, boats shall not cross the line between an IDM and the staff with orange flag on the nearby committee boat. Boats infringing this rule will be scored DNS unless they exonerate themselves by rounding the nearby committee boat before starting.

WC3.4 Boats shall start within 15 minutes of their valid start signal, otherwise they will be scored DNS.

### WC4 START LINE DEFINITIONS FOR THE XOD CLASS

#### WC4.1 RYS start line for the XOD class

- a. When the XOD class is starting at the RYS, their default line will be as described in WC1.
- b. If the conditions demand, an alternative line as described below may be used. This will be announced on VHF channel 03.
- c. The alternative line will be between the RYS flagstaff and an orange inflatable outer distance mark. Aberdeen Alpha buoy will not form part of this alternative XOD line. The inner limit mark will still be the blue inflatable pillar buoy. The lights and transit described in WC1 will not apply to XOD starts on this alternative line.

#### WC4.2 Shrape start line for the XOD class

- a. When the XOD class is starting at the Shrape, their default line will be as described in WC2.
- b. If the conditions demand, an orange inflatable buoy may be used as the outer limit mark, instead of Aberdeen Gamma. This will be announced on VHF channel 04.

#### WC4.3 Committee boat start line for the XOD class

As described in WC3.

- c. Prior to a hearing, a boat that did not comply with WD1.1.b. may acknowledge an infringement by accepting a time penalty of 3% being added to her elapsed time.
- d. Boats accepting a time penalty must report the infringement(s) in person at the Protest Desk at the Regatta Centre.
- e. A boat that accepts a time penalty may protest with respect to the same incident but her penalty will not be reduced.
- f. A boat that takes a time penalty shall not be penalised further in respect of the same incident unless she failed to retire as required by RRS 44.1(b).

WD1.2 Z-flag rule (changing RRS 30.2). The 20% scoring penalty as described in RRS 30.2 is replaced with a 3% time penalty.

WD1.3 Black-flag rule (changing RRS 30.3). The requirement in RRS 30.3 for the Race Committee to display a boat's sail number is replaced by the following: Not sooner than one minute after the start signal, the Race Committee will inform competitors of their disqualification on VHF (see Table 1 on page 1 for the channels to be used on each start line).

WD1.4 A boat shall not be scored as having finished outside the time limit solely by the application of a time penalty. This changes RRS 44.

WD1.5 The level of penalties (other than those penalties specifically defined in these Sailing Instructions) for infringements of rules shall be at the discretion of the Protest Committee and may be disqualification, a time penalty or a warning with no penalty. This changes RRS 64.1.

WD1.6 Where these Sailing Instructions allow the Race Committee or Protest Committee to penalise a boat without a hearing, the competitor shall nonetheless be entitled to a hearing upon request. The level of penalty following a hearing may be more severe than that initially imposed.

### WD2 PROTESTS

WD2.1 Protests shall be lodged:

- a. In writing at the Regatta Centre using official protest forms that are available from the Regatta Centre.
- b. From Saturday 8 to Friday 14 August, within two hours after the boat's finishing time in its last or only race of the day, or should the boat not finish, within two hours after entering port.
- c. On Saturday 15 August, within one hour after the boat's finishing time, or should the boat not finish, within one hour after entering port.

WD2.2 Rating protests and protests relating to alleged non-compliance with one-design rules shall be lodged:

- a. Within 24 hours of the reason for the protest becoming known to the protestor and,
- b. Not later than the end of protest time on Saturday 15 August.

WD2.3 Impending protests

- a. A list of impending protests will be available at the Protest Desk in the Regatta Centre and may be repeated on EventTV and on the Official Website. The failure or omission of either of these alternatives shall not be grounds for redress.
- b. A boat that is the subject of a protest shall ascertain the time of hearing at the Regatta Centre. Note that the telephone number of the Protest Desk is 01983 248004.
- c. WD2.3(a) does not relieve protestors from their obligations under RRS 61.1(a), nor protestees from responding properly to being informed.

WD2.4 Protests arising from races on Saturday 15 August:

- a. Will be heard as soon as possible that day, unless exceptional circumstances prevail.

## APPENDIX WD : PENALTIES, PROTESTS AND DECLARATIONS

### WD1 PENALTIES

#### WD1.1 Time penalties for infringements of Part 2 of the RRS or of RRS 31

- a. The turns penalties described in RRS44.2 are replaced by a penalty of 1% being added to the boat's elapsed time.
- b. A boat takes a time penalty by displaying a yellow flag at the first reasonable opportunity after the incident and keeping it displayed until after finishing.

- b. Protests being heard on this day that may affect a prize winner may be heard before other protests.
- c. A request for the re-opening of a hearing held on this day shall be made within 30 minutes of the parties being informed of the original decision. This changes RRS 66.

## WD3 DECLARATIONS

(Changing RRS 60, 63.1 and Appendix A)

WD3.1 A declaration must be made as soon as possible after finishing each race, and in any case within one hour of finishing (this time may be extended by the Race Committee at their sole discretion).

WD3.2 If a boat fails to observe WD3.1:

- a. The boat may, within 24 hours of the protest time limit described in WD2.1, complete a late declaration form in person at the Regatta Centre stating that the boat sailed the course correctly and complied with all relevant rules. In this case the boat will be given a penalty of 3% of its elapsed time.
- b. If neither a declaration nor late declaration form is completed, the boat will be scored 'No Declaration' (abbreviation NOD) and will receive the same points as if she were DNF.

WD3.3 **Text Declarations**

- a. To make a declaration by phone, (only the boat's mobile phone that has been registered for declarations may be used and is the same one as for receiving course information), one of the following text messages should be sent to **07797 803 955**:
- b. If finishing the race correctly the boat's finish time (hhmm) and the sail numbers of the boat ahead and the boat astern in this format: **1624 GBR1234T K987**
- c. **UNKNOWN** should be entered for either or both sail number(s) if these were not seen.
- d. If the boat retired, send: **RETIRED**
- e. If the boat did not start the race, send: **DNC**
- f. **IMPORTANT**: Wait for a response confirming that your declaration has been received.
- g. If a response has not been received within 10 minutes, the declaration has not been received and the boat will be scored as No Declaration in this race. Another attempt to send the declaration should be made or **01983 295744** should be called to report the declaration problem.

WD3.4 **Online Declarations**

It is also possible to declare online at [www.aamcovesweek.co.uk](http://www.aamcovesweek.co.uk), using the unique Declaration PIN which was issued to the boat upon entering.

## RELEVANT RYA PRESCRIPTIONS TO THE RRS

### RULE 5 ANTI-DOPING

The national authority procedural rules required by ISAF regulation 21.14 to implement the World Anti-Doping Code through ISAF Regulation 21 are the **RYA Anti-Doping Rules**, as published on the RYA website.

### RULE 40 PERSONAL FLOTATION DEVICES

When a rule requires a personal flotation device to be worn, the device shall comply with the specifications for the personal flotation device that the boat is required to carry. If more than one specification applies, the personal flotation device worn shall comply with the highest of them.

### RULE 50.4 HEADSAILS

For the purposes of rules 50 and 54 and Appendix G (to the RRS), the difference between a headsail and a spinnaker is that, for a headsail, the distance measured between its **half leech point** and its **half luff point**, is less than 75% of its **foot length**. A sail tacked down behind the **foremost mast** is not a headsail. Terms in **bold** are as defined in the Equipment Rules of Sailing.

### RULE 67 DAMAGES

1. Any issue of liability or claim for damages arising from an incident while a boat is bound by the Racing Rules of Sailing shall be subject to the jurisdiction of the courts and not considered by a protest committee.
2. A boat that takes a penalty or retires does not thereby admit liability for damages or that she has broken a rule.

### RULE 78 COMPLIANCE WITH CLASS RULES

The Race Committee may inspect or measure any **boat** or **personal equipment** at any time. Terms in **bold** are as defined in the Equipment Rules of Sailing.

### APPENDIX G IDENTIFICATION ON SAILS

Only applies to British owned boats.

### APPENDIX R PROCEDURES FOR APPEALS AND REQUEST

#### R2.1 Submission of Appeal

Rule 2.1 shall apply except as changed by the following:

1. The appellant shall notify RYA Racing stating an intention to appeal within the relevant time limit in rule R2.1. No details are needed at this stage.
2. Within 15 days thereafter, the appellant shall send to the RYA a completed appeal form with a copy of the Protest Committee's decision and other documents listed in rule R2.2, all as far as reasonably possible.
3. Unless the appellant is a personal member of the RYA, an appeal fee, stated on the appeal form, is payable to the RYA and should be sent with the appeal form. The appeal form is available from [www.rya.org.uk/racingrules](http://www.rya.org.uk/racingrules) or by request from RYA Racing.

#### R2.4 Failure to comply with Procedures for Appeal or Request

Add new rule R2.4: If the appellant does not comply with rule R2.1 as prescribed or the Protest Committee does not comply with rule R2.3, the RYA will refuse to hear the appeal unless there are exceptional circumstances. If other parties to the protest or the Protest Committee do not meet the requirements of the procedure, the RYA may decide the appeal as it thinks fit.

### ISAF REGULATION 20 ADVERTISING CODE

#### 20.2.3 Right to display advertising on a boat

When the right to display advertising on a boat is subject to prior authorisation by the national authority in accordance with regulation 20.2.3.3, the approval of the RYA is automatically granted provided that such advertising is permitted by the relevant rules of the class, rating system or handicapping system.

#### 20.8.2 Fees

When the person in charge of a boat chooses to display advertising the RYA will not impose a fee as permitted by regulation 20.8.2.

TABLE 3: WHITE GROUP NORMAL RYS/SHRAPE START TIMES AND FLAGS (\* also see Table 4)


















CLASSES	CLASS FLAG	SAT /SUN/MON	TUE	WED	THUR/FRI	FINAL SAT
J/70	 J	1025*	1025	1025	1025	1025
SB20	 NN2	1035*	1035	1035	1035	1025
Etchells	 E	1045	1045	*	1045	1035
Daring	 O	1055	*	1045	1055	1045
J/80	 H	1105	1055	*	1105	1055
Dragon	 D	1115	1105	1055	1115	1105
Sportsboat	 NN3	1125	1115	1105	1125	1025
RS Elite	 NN4	1135	1125	1115	1135	No Racing
Sonar	 T	1145	1135	1125	1145	1115
Solent Sunbeam	 V	1155	*	*	1155	1125
Swallow	 K	1205	*	1135	1205	1135
Redwing	 R	1215	1145	1145	1215	1145
Flying 15	 NN6	1225	1155	1155	1225	1155
Squib	 NN9	1235	1205	1205	1235	1205
Seaview Mermaid	 U	1245	1215	1215	1245	1215
Victory	 F	1255	1225	1225	1255	No Racing
XOD	 W	1305*	1235*	1235*	1305*	1225

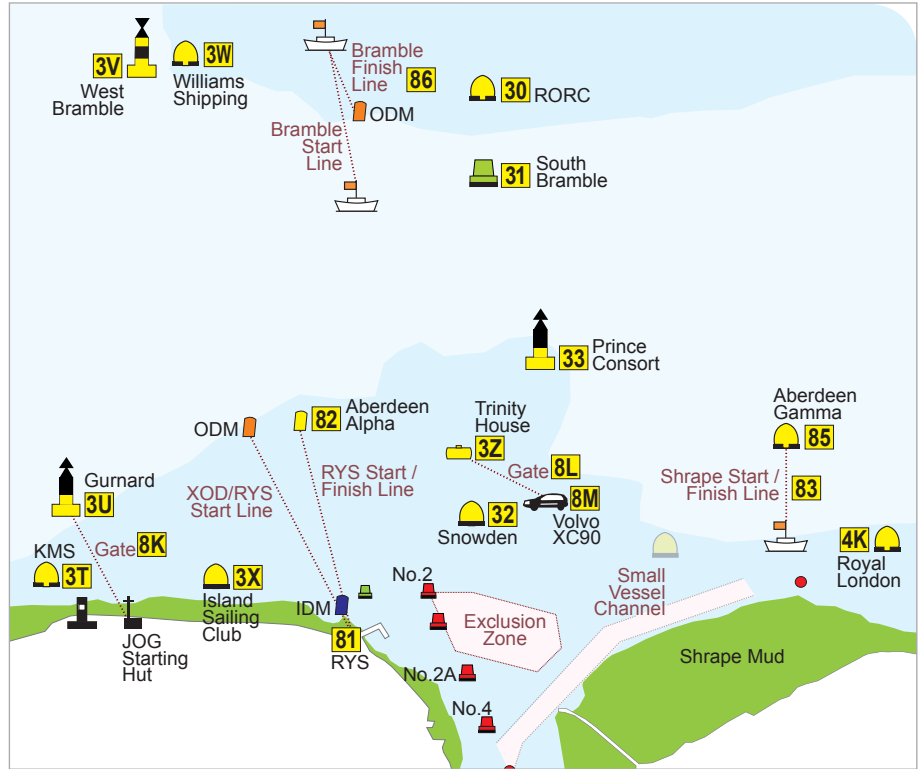
TABLE 4: WHITE GROUP COMMITTEE BOAT STARTS

DATE	CLASSES	TIME
Saturday 8 to Monday 10 August	J/70	As soon as possible after first race
	SB20	
Tuesday 11 August	Daring	1120
	Solent Sunbeam	1130
	Swallow	1140
Wednesday 12 August	Etchells	1120
	J/80	1130
	Solent Sunbeam	1140
Saturday 8 to Friday 14 August If Committee Boat line to be used. See SI W6.3(a)	XOD	1100

## HIGH WATER PORTSMOUTH

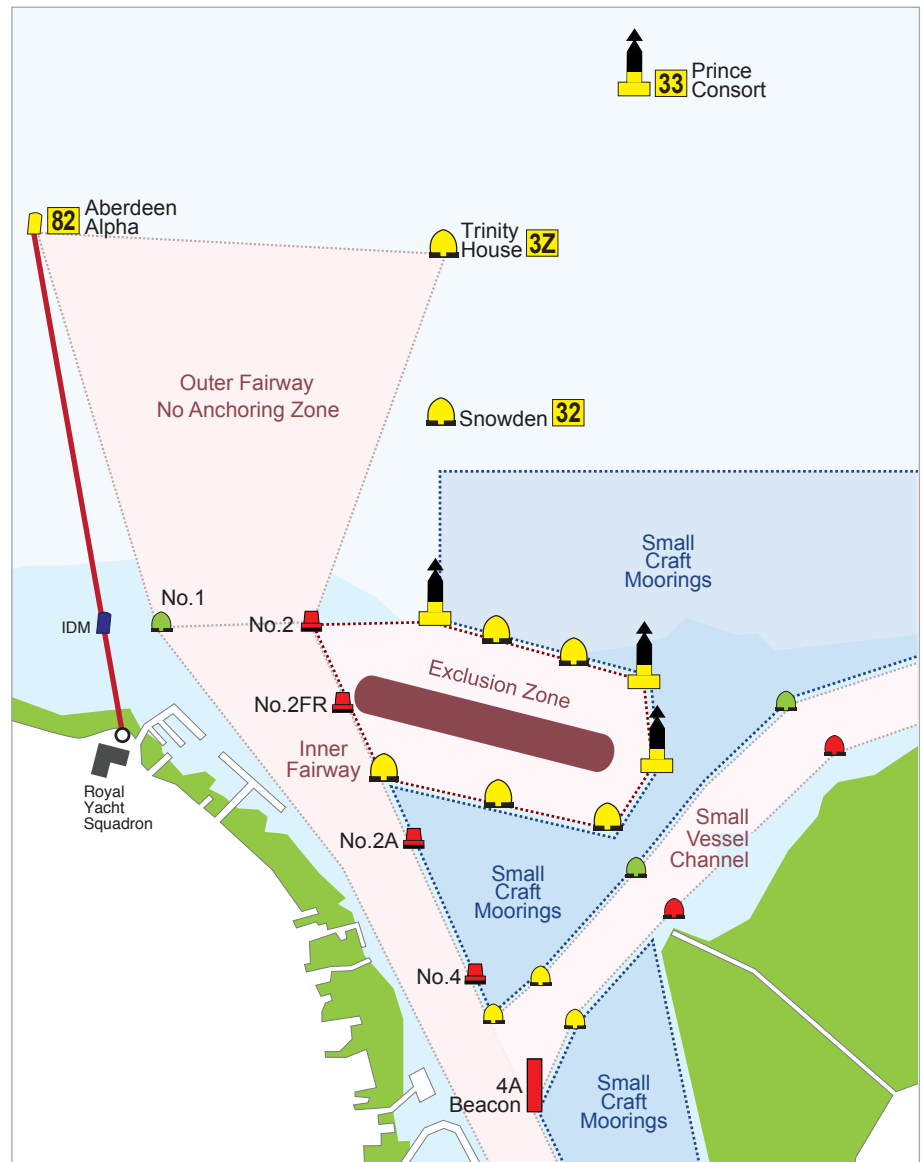
SAT 8 AUG	0629 (4.3m) 1903 (4.3m)
SUN 9 AUG	0736 (4.0m) 2009 (4.2m)
MON 10 AUG	0847 (4.0m) 2114 (4.2m)
TUE 11 AUG	0957 (4.1m) 2211 (4.3m)
WED 12 AUG	1057 (4.3m) 2258 (4.4m)
THU 13 AUG	1135 (4.4m) 2339 (4.5m)
FRI 14 AUG	1212 (4.5m)
SAT 15 AUG	0019 (4.5m) 1251 (4.6m)

## START AND FINISH LINES



## BREAKWATER EXCLUSION ZONE

Boats must remain outside the Breakwater Exclusion Zone at all times.  
See also the Exclusion Zone Diagram handed out at registration.



## CHANGES TO RRS RACE SIGNALS

FLAGS		SAILING INSTRUCTION
AP over AP		W5
N over A		W9
K over class flag		W10.2b.
M over Third Substitute		W6.2b.
Green		WC1.3 and 2.1
Red		WC1.3 and 2.1